
 [www.simplicitylifecoaching.com](http://www.simplicitylifecoaching.com)

Simplicity Life Coaching Ltd. emma@simplicitylifecoaching.com 604-990-9068

**If this program interests you, call Emma-Louise!
 604-990-9068**

Who are you? How can you be the best you can be?

* We are all so unique, that the only person who can know best how we will succeed in life – is ourselves.
* This transformational coaching programme has been designed so you can find out for yourself what makes you tick!
* Are you ready to have fun, transform yourself and **Get Happy?** Start here to find out how!!

The Programme:

1. GET SET FOR SUCCESS!
Start your engine, take stock & begin the work!
2. GET VISION!
Set goals & unleash your vision of your future!
3. BOOST YOUR POWER!
Take care of yourself & discover your joys!
4. CLEAR THE DECKS!
Simplify and streamline for success!
5. GET CONFIDENT!
Identify your strengths & weaknesses, get perspective!
6. GET REAL!
Create positive relationships with yourself & others!
7. GET OUT OF YOUR WAY!
Identify your blocks, design the way forwards!
8. GET HAPPY!
Get soul & learn what makes you truly happy!
9. WRAP-UP Session
Review & how to take the learnings forwards

When you believe in yourself, anything is possible!

# **Get You!**

## Free Yourself &

## Get Happy!

## Transformational Coaching Programme

What are your passions, priorities, joys?